

## Desire Determination Discipline Diligence Delight Doer

Course: A Survey of the Bible: Genesis to Revelation

Lesson: 21\_6n PSALMS Passage: Psalm 103:1-18

## USING DISCIPLE SKILLS

Meditating on Psalm 23

# DISCIPLES MEDITATE

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the LORD, And in His law he meditates day and night.

(Psalms 1:1-2)

## NOT "Should" but "Do"

- Disciples read/study God's Word not to learn what they *should do* but what they are *commanded to do*.
- Disciples and the Word of God:
  - ➤ They <u>hear</u> preached. (Romans 10:13; Matthew 7:24-29; Luke 8:21; 11:28)
  - ➤ They read it. (1 Timothy 4:13)
  - ➤ They memorize it. (Psalm 119:11)
  - ➤ They meditate on it. (Psalm 1:1-3; Psalm 119:;15, 23, 27, 48, 78, 97, 99, 148; 1 Timothy 4:15-16; Joshua 1:8)
  - ➤ They <u>study</u> it. (2 Timothy 2:15; Acts 17:11; )
    - → They <u>diligently</u> study it. (Proverbs 2:1-6)
  - ➤ They study doctrine. (1 Timothy 4:13, 16)
  - ➤ They <u>obey</u> it. (James 1:22-25; 1 John 2:3-4; Luke 8:21; 11:28; Matthew 7:24-29; Luke 9:23; John 10:27-28)

#### Rewards for Meditation

- ① Growing in knowledge as we are commanded. (2 Peter 3:18-19; Hosea 4:1, 6; 6:6)
- ② Deeper relationship with Christ more knowledge means more understanding of Him and His will. (John 8:31)
- ③ A more understanding of God's Will. (1 John 5:14; Matthew 7:21; Ephesians 5:15-18)
- ③ Answers to prayers. (1 John 5:14; John 15:7; 1 John 3:22)
- 4 Loved by God. (John 14:21, 23-24; 1 John 5:3)
- ⑤ Deeper worship. One can only worship someone that they know. Not to know God as He has revealed Himself is to worship an IDOL.
- ® More victory over sin. (1 John 3:6)
- Prosperity. (Psalm 1:3; Joshua 1:7-8)
- ® Guarding our hearts and steps. (Psalm 1:1; 119:59, 105; Proverbs 4:23-27; 3:5-7)

### MEDITATE on PSALM 103:15-18

- READ the entire passage (vv. 1-18).
- 2 READ the entire passage again (vv. 1-8).
- **3** Use the methods in our Disciple book to meditate on vv. 15-18.