



DISCIPLE

Desire Determination Discipline Diligence Delight Doer

Course: A Survey of the Bible: Genesis to Revelation

Lesson: 21_6a PSALMS

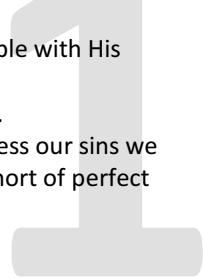
Passage: Psalms 6

Introduction to Penitential Psalms

- Psalm 6, 32, 38, 51, 102, 130, 143
- “penitence” - “feeling or showing sorrow and regret for have done wrong; repentance of sins”.

What Does Repentance Look Like? (2 Corinthians 7:9-12)

- Definition: Turning away from disobeying the Law of God to obey the written Word of God. Anything less is NOT repentance.
 - Repentance is turning from what you think is right to what God says is right in is written Word. Anything less is not repentance. (See 1 Thessalonians 1:9)
 - Repentance is a change of heart, mind, and LIFE. It is turning from sin to holiness.
 - Repentance always has the “fruit of repentance”. Fruit is what others SEE! (**Matthew 3:8**; Galatians 5:22-23; Ephesians 5:9; Romans 6:22; Philipians 1:11)
- Importance: If one does not continually repent of his/her sins he/she will perish. (Luke 13:1-5)
- (2 Corinthians 7:1, 8-10)Characteristics of true repentance:
 - ① (2 Corinthians 13:5) A continuous EXAMINATION of self. (Psalm 26:2; 119:59; 139:23-24; **Lamentations 3:40**; Haggai 1:5, 7; 1 Corinthians 11:31; **Revelation 2:5**; 3:2-3)
 - (James 1:21-25) God has provided His people with His WORD as a MIRROR.
 - ② (1 John 1:8-9) A continuous CONFESSION of sin.
 - “to confess” - “to agree” - In order to confess our sins we must know sin and that we have come short of perfect obedience.



- “to confess” - AGREE with GOD that sin is what God says sin is - not what you think or what others say or what the world “preaches”. **See Amos 3:3; Matthew 11:28-30.**
 - The Corinthians gave evidence of now being “**clear in this matter.**” - see 2 Corinthians 7:11
 - “clear” here means “pure”; “pure from carnality”; “pure from every fault”; “clean”; “innocent”.
- ③ (2 Corinthians 7:9-11) Godly sorrow! **The penitential psalms are examples of this kind of sorrow!**
- This is a CONTRITE heart. (Isaiah 57:15; 66:2; Psalm 34:18; 51:17; **Ezekiel 9:4-6; Matthew 5:3-4; Luke 18:13-14**)
 - “worldly sorrow” - that sorrow at being “caught” or “exposed”.
- ④ After confession comes the “cleansing/purifying of self”. See 2 Corinthians 7:1; 1 John 3:3.
- (2 Corinthians 7:1) “cleanse” - PRESENT TENSE (something we are continually do); ACTIVE VOICE (something we do OURSELVES); IMPERATIVE MOOD (something we MUST do in OBEDIENCE). Not to continuously “cleanse” ourselves is SIN. **IT IS SAYING I HAVE NO SIN! IT IS CALLING GOD A LIAR!** (1 John 1:7-10)
 - (1 John 3:3) **EVERYONE** (without exception) who has the hope of God to having “purifies” themselves.
 - “Purify” - PRESENT TENSE; ACTIVE VOICE; IMPERATIVE MOOD. Not to continuously purify ourselves is SIN. **IT IS SAYING I HAVE NO SIN! IT IS CALLING GOD A LIAR!** (1 John 1:7-10)
- ④ Mortifying (putting to death) those sins. (Colossians 3:5-13)
- “lay aside **every** weight and the sin which so easily ensnares us . . .” (Hebrews 12:1)
 - (1 Peter 2:1) “lay aside **all** malice, **all** deceit, **all** hypocrisy, envy, and **all** evil speaking”.
 - (James 1:21) “lay aside **all** filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your **soul.**”
- (2 Corinthians 7:11) What godly sorrow produced:
- ① **Diligence** (earnestness) to do what was right - a real eagerness to make things right between them and God and Paul.
 - ② **Vindication** of themselves. They wanted to do what was right in order to clear their name and prove themselves trustworthy again.

- ③ **Indignation** or anger at themselves and their sins. (See Psalm 119:104; 128)
- ④ **Fear** - they were now “taking God serious”. In their sin they were ignoring God’s Word.
- ⑤ **Vehement Desire** – a longing for their relationship with Paul be renewed.
- ⑥ **Zeal** for holiness. A fervent spirit to do what was right in God’s sight. See Psalm 69:9; 119:139; Acts 17:16; Romans 12:11; Colossians 4:12-13; contrast with Revelation 3:15-16.
- ⑦ **Revenge** (KJV) or “**avenging of wrong**” (NASB) – the idea here is making things right again, **making restitution**, accepting the consequences of their sins. Consider carefully - Matthew 5:29-30; Colossians 3:5-9.

The GREATEST Obstacle to Real Repentance

- (Obadiah 3) - the **PRIDE** of your heart has deceived you. (NKJV, NIV, KJV, ESV)
- (Obadiah 3) - the **ARROGANCE** of your heart has deceived you. (NASB)
- (Obadiah 3) - your **PRESUMPTUOUS** heart had deceived you. (NET)
- (Obadiah 3) - you have been deceived by your own **PRIDE**. (NLT)
- **MEDITATE** carefully on the second part of verse 3!!

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