



DISCIPLE

Desire Determination Discipline Diligence Delight Doer

Course: A Survey of the Bible: Genesis to Revelation

Lesson: 21_3f - **PSALMS**

Passage: Psalms 3

Disciples Meditate (Psalm 1:1-3)

★ **MEDITATION TAKES TIME and EFFORT!**

MEDITATION #6 on Psalm 3

Trust in the LORD with all your heart, and lean not on your own understanding. In all your ways acknowledge Him, and He shall direct your paths.
(Proverbs 3:5-6)

MEDITATE

Getting Into the Text

- To have this psalm be meaningful to you you must get into the text. You have to be in the *wilderness* - not comfortable. You have to see and feel all the enemies, tribulations, and troubles surrounding you.
- ★ **LEARN TODAY SO THAT WHEN YOUR TURN COMES YOU WILL BE PREPARED! DISCIPLES PREPARE THEMSELVES KNOWING THAT THEY HAVE TO GO THROUGH MANY TRIBULATIONS IN THIS LIFE.**
(Acts 14:22; John 16:33)
- For David it was his own army, his own son, his own trusted friends, and the wilderness. For us, it can be tribulations, troubles, difficulties, etc. that seem to be pursuing us and surrounding us!

- David is in the wilderness - a dry and thirst land and not on his throne as king. He has been run out of Jerusalem by his own son, Absalom, who has orchestrated an overthrow of government against his father. (READ 2 Samuel 15:12-13)
- Again learn, as we did with Tamar, things can change in a “twinkling of an eye” in our lives. See Daniel 4:28-33!
- LEARN, PRAY, and LIVE: James 4:13-16! - EVERY DAY.
- ★ **DAVID IS NOT ALONE!** Read 2 Samuel 15:13-26.
- David and his loyal followers are literally running for their lives.
- THIS EVENT is part of God’s *promises* in 2 Samuel 12:9-12.
 - God always does what He has purposed/promised! (Isaiah 14:24-27; 46:9-11; Proverbs 19:21; 21:30)
- **David Understands the “Hand of God”**
 - David humbly bows to the consequences of his sins.
 - ★ READ: 2 Samuel 15:26; 16:5-12.
- David, a “son of God”, understands the *chastening hand of his Father*. (Read Hebrews 12:1-4, 5-11)
- David understood that his breath, life, steps, ways, destiny were all in the hand of God! (Daniel 5:23; James 4:13-16; Psalm 139:16; 31:15; Job 12:10)

LORD (Psalm 3:1)

- David starts his psalm by addressing his “LORD” (Yahweh-the covenant keeping God). This is a **relational** address to God. ONLY God’s special people can call Him “LORD - YAHWEH”!
 - David knows that God is FAITHFUL and can be trusted - no matter the circumstances.
 - David knows that with God there was/is **abundant** forgiveness and mercy for those who love Him, who keep His commandments, who fear Him, and who call on Him. (Psalm 86:5, 15; 130:4, 7; Isaiah 55:7; Exodus 20:5-6; Deut 5:10; 7:9; Nehemiah 1:5; Psalm 33:18; 34:7; 85:9; 103:17; 147:11)
- David acknowledges the **thousands** that have turned against him! (v. 6; 2 Samuel 18:7 - more than 20,000!)
- Instead of giving up he runs to the One he can trust. His LORD is his **refuge!** (Psalm 9:9; 28:8; 31:2; Psalm 46; 57:1; 59:16; 62:7-8; 71:3, 7; 91:2-9; 94:22; 141:8; **Psalm 61:3; Proverbs 18:10**)
- In the wilderness, David **seeks** and turns to his LORD. (Psalm 63:1-3; Hebrews 11:6)
- David’s HOPE is in the LORD in the midst of ALL his troubles! (READ Psalm 42)

Where Is Your God? (Psalm 3:2)

- Of ALL his difficulties probably the greatest hurt was to hear **many** say, “There is no more help for him in God!” Literally, “There is no salvation for him in God!”
- Perhaps many would be saying, “His sins have found him out and God has forsaken him!”
- Again, David addresses his “LORD”! Despite **everything** he trusts in his YAHWEH!
- Where is our GOD? - He is in heaven doing what seems BEST to Him! (Psalm 115:3; 135:6)
- READ Psalm 71:1-12
- Christ, our HIGH PRIEST, is our example. (Hebrews 2:18; 4:15-16; **5:7-9**)
 - READ Matthew 26:37-39; John 12:27-28
 - We will READ Psalm 22 when we get to v. 3.
- MEDITATE: Psalm 35:1-3

SELAH! (v. 2)

- Be still, be quiet, meditate, contemplate, think hard, tremble!