


MEDITATION



DISCIPLE

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DISCIPLES MEDITATE

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the LORD, And in His law he meditates day and night.

(Psalms 1:1-2)

- (Psalm 119:1; Psalm 1:1) **“Blessed”** - a person who has been blessed by God with His “graces” of rebirth.
★ **“Blessed”** is in the plural signifying “very much blessed”.

MEMORY VERSE

OH, that my ways were directed to keep Your statutes!

(Psalm 119:5)

PSALM 119:5

“OH, that my ways were directed to keep Your statutes.”

So far in Psalm 119, the Word of God describes the person who has been born-again, one who has been blessed by God:

- ★ (v.1) A born-again person is an undefiled person “in the way” - the Law of God. He walks the narrow path that leads to life. (Matt 7:13-14)
- ★ (v. 2) A born-again person keep God’s testimonies and seeks God with their **whole** heart.
- ★ (v. 3) A born-again person does not sin and they walk in God’s ways. (1 John 3:6-10; Titus 2:11-14)

- ★ (v. 4) A born-again person has heard God’s command to keep His precepts **diligently**.
- **BUT** a born-again does sin! (1 John 1:8) **BUT** when a saint sins he:
 - ① Confesses his sin acknowledging that he has sinned against God (Psalm 51:4).
 - ② Repents of his sin knowing that without repenting he will perish (Luke 13:1-5; Proverbs 28:13).
 - ③ He cries out for mercy knowing that God is merciful to those who fear Him, love Him and keep His commandments. (Luke 18:13; Psalm 103:8, 11; Nehemiah 1:5; Deuteronomy 7:9; 1 Kings 8:23)
- (Deuteronomy 10:12-14) God **requires** His “blessed” people to:
 - ① Fear Him.
 - ② To walk in all of His ways.
 - ③ To love Him.
 - ④ To serve Him with all of their heart and soul.
 - ⑤ To keep His commandments.
- ★ Scripture **ought** to lead us to PRAYER.
- ★ (Psalm 119:5) “**OH**” this is a cry of regret and confession, a cry for help, a deep rooted desire to please the One who has blessed Him.

IS YOUR GREATEST DESIRE TO FULLY PLEASE GOD?

- ★ (Romans 7:14-25) Paul understood this prayer or better - CRY!
- ★ (Psalm 119:5) This is a confession that one is not in the middle of the narrow path that leads to life. (Matthew 7:13-14)
- ★ (Psalm 119:5) This is a plea for *direction!* - even the smallest thing in directing ourselves let alone doing what we ought to do.
- ★ (Psalm 119:5) This is a plea for *enablement!* It is a cry for a fresh filling of the Holy Spirit and grace to walk in/live in the path of God’s commandments. It is a cry to “live on every word that comes from the mouth of God” (Luke 4:4).
- ★ (Psalm 119:5) This is a plea for *holiness!* (Hebrews 12:14; 1 Peter 1:13-16)
- ★ (Psalm 119:5) This is a deep desire to be fully pleasing in God’s sight. (Colossians 1:9-11; 2 Cor 5:9; 1 Thessalonians 4:1)

PRAY - PRAY - PRAY

- (Philippians 2:12-13) This is a CRY for God “to work in us to will and do His good pleasure” in us! (Hebrews 13:21)
- (Psalm 119:133) PRAY: “Direct my steps by Your Word and let no iniquity have dominion over me!”