

Pursuing and Perfecting Holiness

Help me to be resolved to carefully and diligently examine myself at least weekly by reading through these commands weekly, if not more frequently?

(2 Corinthians 13:5; 2 Peter 1:10; Acts 17:30; Luke 13:1-5)

HELP ME TO LOVE YOU.

1. Help me to pursue holiness at any cost. (Heb 12:14; 2 Tim 3:12; Matthew 5:29, 30; 18:8-9; 2 Cor 7:1; 1 Peter 1:15-16)
2. Help me to use God's means (prayer, Your Word, and Your Church) to be filled with the Holy Spirit daily. (Ephesians 5:18)
3. Help me to shun evil. (Job 1:8; Psa 119:104, 128; 97:10; Prov 8:13; Rom 12:9)
4. Help me to know and keep Your commandments; in so doing, demonstrating my love for You. (1 John 2:3-4; 5:3; **John 14:21, 23-24**; 14:15; **Isaiah 48:17-18**)
5. Help me to walk in the light as Christ walked in the light. (1 Jn 1:6-7; Jn 3:19-21)
6. Help me to live soberly, righteously, and godly in this present age. (Titus 2:12)
7. Help me to eagerly look for the blessed hope and glorious appearing of My God and Saviour Jesus Christ. (Titus 2:13; Philip 3:20-12; Heb 9:28; Rom 8:25)
8. Help me to exercise myself in godliness. (1 Timothy 4:7-9; Hebrews 5:13-14)
9. Help me to grow in grace and the knowledge of my Lord and Saviour Jesus Christ. (2 Peter 3:17-18)
10. Help me to cleanse myself from all filthiness of the flesh and spirit, perfecting holiness in the fear of You (2 Corinthians 7:1; 1 John 3:3)
11. Help me to set aside Sunday wholly unto the LORD. (Exodus 20:8-11)
12. Help me to run the race set before me by You with all my might with the intention of winning by living life to the fullest for You and always pressing forward. (Heb 12:2; Acts 20:24; 1 Cor 9:24-27; Philip 3:13-14)
13. Help me to memorize and meditate on the Your Word. (Join your church in memorizing at least one passage of Scripture weekly) (Psalm 119:11; 1:2-3; 37:21; 40:8; Proverbs 2:1; Joshua 1:7-9; Psalm 37:31)
14. Help me to abstain from worldly lusts that **war** against my soul. (1 Peter 2:11; Romans 7:23; 8:13; Gal 5:24; 1 Cor 9:27; Colossians 3:5-8)
15. Help me to present my body (with all of its members) holy and acceptable unto You which is my reasonable service. (Romans 6:13-14; 12:1)
16. Help me to renew my mind according to the Scriptures. (Romans 12:2)
17. Help me to **stand** in Your whole armor. (Ephesians 6:10-18)
18. Help me to serve my/Your Church ("the Body of Christ") with all that I am. Be a good steward of the grace/gifts given to me. (1 Cor 12:21; 1 Pet 4:10-11; Ephesians 4:16; Romans 12:3-5) Help me to be a slave to Your Church.
19. Help me to be **steadfast** in the doctrine of Your Word, fellowshiping with my brothers and sisters in Christ, and in praying with them. (Acts 2:42)
20. Help me to be steadfast, immovable, and always abounding in the work of the Lord. (1 Corinthians 15:58)



21. Help me to give to You the glory due Your name and to worship You in the beauty of holiness. (Psalm 29:1-2)
22. Help me to glorify You in whatever I do. (1 Cor 10:31; 6:20; Col 3:17, 23)
25. Help me to seek You diligently. (Hebrews 11:6)
26. Help me to fix my mind on You and to trust in You. (Isaiah 26:3-4; Prov 3:5-7)
27. Help me to live by faith in the Son of God, who loved me and gave Himself for me. (Galatians 2:20)
28. Help me to love my brother and sister in Christ no matter what happens. (1 Cor 13:1-8; Heb 13:1; 6:10-11; 10:24; John 13:34-35; 15:17; Rom 12:9-10; Eph 5:2; 1 Thess 4:9-10; 1 John 2:9-10; 3:10-18; 3:23; 4:7-11; 4:20-21; 5:1; 2 John 5-6)
29. Help me to demolish any argument or thought that sets itself against the knowledge of You and bring every thought into captivity to the obedience of Christ. (2 Corinthians 10:4-6)
30. Help me to seek those things which are above and to set my mind on things above and not on things on earth. (Colossians 3:1-3; 1 John 2:15-17)
31. Help me to be a listener, and a doer of Your written word. Help me to remember what was preached and not to quickly forget. (James 1:22, 25; Hebrews 2:1)
32. Help me to diligently add to my faith virtue, to virtue knowledge, to knowledge self-control, to self-control perseverance, to perseverance godliness, to godliness brotherly kindness, and to kindness love. (2 Pet 1:5-8)
33. Help me to tithe all that You give to me. (Gen 14:20; 2 Chron 31:5; Malachi 3:8-10; Matthew 23:23; Luke 11:42; 2 Cor 8:1-5, 9-14; 9:6-11)
34. Help me to desire to be called "greatest in the kingdom of heaven" by teaching and obeying the least of Your commandments. (Matt 5:19; 18:6; Luke 16:10; 19:17)
35. Help me to covenant with my eyes not to look upon vain and evil things. (Job 31:1; Psalm 119:37; Prov 4:25; Matt 5:28-29; **6:22-23**; 1 John 2:16)
36. Help me to put on the LORD Jesus Christ and to make **NO** provision for the flesh. (Romans 13:14; 8:12-13; Galatians 5:16-17, 24; 1 Peter 2:11)
37. Help me to diligently look forward to the coming of Christ and to be diligent to be found in You in peace, without spot and blameless. (2 Peter 3:14; Romans 8:23-25; Philippians 3:20-21; Hebrews 9:28)
38. Help me to walk worthy of You, fully pleasing You, being fruitful in every good work and to increase in the knowledge of You. (Colossians 1:10; Ephesians 4:1; Philippians 1:27; 1 Thess 2:12; 4:1)
39. Help me to lay down my life for the brethren as the Lord laid down His life for me. (1 John 3:16)
40. Help me to test everything I hear and read and measure it against Your written Word; not man's word. (1 Thess 5:21; 1 Jn 4:1; Acts 17:11; Isa 8:20; Mark 4:24; Luke 8:18)
41. Help me to be an ambassador of Christ in the world speaking only Your Words knowing that He who knew no sin was made sin for me so that I might have the righteousness of God. (2 Corinthians 5:20-21; 2 Timothy 4:1-14)
42. Help me to be able to say to others, "Imitate me just as I also I imitate Christ". (1 Cor 11:1; 4:16; Philip 3:17; 1 Thess 1:6; 2 Thess 3:9; Heb 6:12; 1 Tim 4:12)

43. Help me to press forward toward the goal for the prize of Your upward call in Christ Jesus. (Philippians 3:13-14)
44. Help me to keep my heart with all diligence knowing that out of it spring all the issues of life. (Proverbs 4:23; Matthew 12:34-35; 15:19)
45. Help me to keep myself from and flee from idols. (1 John 5:21; 1 Corinthians 10:14; Colossians 3:5; 1 Samuel 15:22-23; Ezekiel 8:1-12; 14:1-11)
46. Help me to walk blameless before You, God Almighty. (Genesis 17:1; 2 Peter 3:14; Matt 5:48; 7:15; 16:6-12; Philip 2:15-16; 1 John 2:6; Col 2:6; 1 Peter 3:17)
47. As a man, help me to pray with my head uncovered as not to dishonor You. (For women) Help me to cover my head so as not to dishonor her head. (1 Cor 11:1-16)
48. Help me to "look to myself" and beware of deceivers and false teachers. (2 John 8; Colossians 2:4, 8; Matthew 24:4-5, 11, 24)
49. Help me to walk in the Spirit so that I will not fulfill the lusts of my flesh. (Galatians 5:16, 25; 6:8; Romans 8:1, 4-5; 13:14; 1 Peter 4:6)
50. Help me to be a slave to my brothers and sisters. (Matthew 20:27-28)
51. Help me to live my life as a slave of Jesus Christ. (1 Corinthians 6:19-20; Galatians 1:10; Ephesians 6:6; Colossians 3:22-24; 2 Corinthians 2:4-5)
52. Help me to walk in the truth. (3 John 4; Psalm 119:160)
53. Help me to be an example to believers in word, conduct, love, spirit, faith, and purity. (1 Timothy 4:12; 1 Corinthians 11:1)
54. Help me to submit to the elders of the church. (Hebrews 13:7, 17; 1 Cor 16:15-16; 1 Tim 5:17; 1 Thessalonians 5:12-13)
55. Help me to speak the truth. (Prov. 12:22; 19:5, 9; Rev 21:8; 22:15; Jer 9:3)
56. Help me to live my life by **every** Word of God. (Matt. 4:4; Luke 4:4; Deut 8:3)
57. Help me to **pursue** love, holiness, righteousness, faith, patience, godliness, gentleness, peace, and edification. (1 Cor 14:1; Rom 14:19; 1 Tim 6:11; 2 Tim 2:22; Heb 12:14; 1 Thess 5:15; 1 Pet 3:11-12; Prov. 15:9; 21:21)
58. Help me to watch, being steadfast in the faith, being strong, being brave and doing all in love. (1 Corinthians 16:13-14)
59. Help me to live circumspectly, **redeeming the time**, because the days are evil, understanding what Your will is. (Eph 5:15-17; Romans 13:11-14)
60. Help me to declare Your strength and Your power to this generation. (Psalm 71:17-18)
61. Help me to put my trust under the shadow of Your wing, being abundantly satisfied with the fulness of Your house and drinking from the river of Your pleasures. (Psalm 36:7-9; Jeremiah 2:13)
62. Help me to be serious and watchful in my prayers. (1 Peter 4:7; 1:13; 5:8; 1 Thessalonians 5:6-8; Titus 2:12)
63. Help me to make it my daily aim to be well-pleasing in Your sight knowing that one day I will stand before You and answer for all that I have done. (2 Corinthians 5:9-10; Romans 14:12; Hebrews 4:13; Colossians 1:9-10)
64. Help me not to be complacent in my walk with my Lord. (Zephaniah 1:12; Hebrews 6:11-12; Proverbs 13:4; 15:19; Romans 12:11)
65. Help me to put my trust in You, the LORD of hosts. (Psalm 84:12; Isaiah 26:3-4)

66. Help me to endure to the end and so I may be saved. (Matthew 10:22; 24:13; Romans 2:7; Hebrews 3:6, 14; 6:11; Matthew 13:20-22)
67. Help me to forgive just as I have been forgiven. (Matthew 18:21-35; 6:12, 14-15; Ephesians 4:32; Colossians 3:12-13; Luke 17:3-5)
68. Help me to always be ready to give a defense for the hope that is in me to everyone who asks for a reason. (1 Peter 3:15)
69. Help me to serve You and You alone knowing that I cannot serve two masters. (Luke 16:13 with Matthew 4:10)
70. Help me to pray for my fellow church members. (Col 1:9-11; 4:12 & Eph 3:14-21)
71. Help me to live Prov 3:5-7: "Trust in the Lord with all your heart, lean not on your own understanding; In all your ways acknowledge Him and He will direct your way; Do not be wise in your own eyes but fear the LORD and depart from evil."
72. Help me to choose rather to suffer for Christ with Your people than to enjoy the passing pleasures of sin, considering the reproach of Christ greater than any treasures here on earth. (Hebrews 11:25-26; 13:13; 1 John 2:15-17)
73. Help me to walk humbly with You. (Amos 3:3; Micah 6:8; Deut 10:12-15; James 4:6)
74. Help me to let my eyes look straight ahead, ponder my path and turn not to the right or left in following Christ. **Remove my foot from evil.** (Proverbs 4:25-27)
75. Help me to practice righteousness as defined by Your written Word. (1 John 2:29; 3:1-10; Matthew 6:33)
76. Help me to not walk in the counsel of the ungodly, nor stand in the path of sinners, nor sit in the seat of the scornful. (Psalm 1:1)
77. Help me to delight myself in Your Word and to meditate on it day and night. (Psalm 1:2-3; Psalm 119)
78. Help me to be mindful of the things of God rather than the things of men. (Mark 8:33; Matthew 16:23; Colossians 3:2; Luke 16:15; 6:26)
79. Help me to follow Christ's example. (1 Peter 2:21; 1 John 2:6)
80. Help me to labor for the food that endures to everlasting life. (John 6:27)
81. Help me to eat and drink Christ daily. (John 6:53-54; 7:37-38)
82. Help me to have the attitude and mind of Christ. (1 Peter 4:1; Philippians 2:5-11; Hebrews 12:1-3; John 4:34)
83. Help me to be growing as a *disciple* (serious student of God's Word) of Jesus Christ. (Luke 9:23; 14:26-33; Romans 12:12; Hebrews 6:11; 2 Peter 1:5-10; 3:13-18; Colossians 1:9-11; Eph 4:15-16; 1 Thess 4:1; 2 Thess 1:3; 1 Peter 2:2)
84. Help me to set my mind on things above where there is perfect peace. (Colossians 3:1-3; Isaiah 26:3-4; Psalm 1:2; 119:165)
85. Help me to forgive my brothers and sisters "70x7" remembering how many times God has forgiven me. (Matthew 18:22; 6:12, 14-15; Eph 4:32; Col 3:13)
86. Help me to pursue perfection. (Matthew 5:48; Philippians 3:12-14)
87. Help me not to be conformed by the world but be transformed by the renewing of my mind. (Romans 12:2)
88. Help me to love you with all of my heart, all of my soul, all of my mind, and all of my strength. (Mark 12:29-30)